

LUNCH

NYS LOCAL FOODS

\*Upstate Farms Dairy  
-milk, yogurt, sour cream

\*NYS Apples

\*Local Farm Vegetables and Fruit  
used in Meal Program  
highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:

Hot Dog w/ Bun

Julienne Salads  
(Includes Flatbread)

Peanut Butter & Jelly Sandwich

Fruit & Yogurt Parfait w/Flatbread

Lunch: \$3.25

Offered daily  
with all School Lunches:

Fresh or Prepared Fruit  
(Must take 1/2 cup of Fruit or Vegetable  
- may take up to 1 cup)

NY State Non or Low Fat White or  
Non Fat Chocolate Milk 8oz

Menu is subject to change.

If your Son or Daughter has a food allergy,  
please contact your school nurse. Thank you

MY SCHOOL BUCKS PAY FOR MEALS ONLINE  
MySchoolBucks.com

Monday



4  
Chicken Tenders  
w/ Dipping Sauces

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Corn  
Green Beans  
Fresh Fruit/Fruit Cup  
Milk-8oz

Tuesday



5  
Taco Scoops w/ Meat &  
Cheese  
Seasoned Rice

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Black Beans  
Sliced Carrots  
Fresh Fruit/Fruit Cup  
Milk -8oz

Wednesday



6  
Spaghetti w/ Meat Sauce  
Warm Garlic Roll

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Romaine Salad  
Carrots  
Fresh Fruit/Fruit Cup  
Milk - 8oz

Thursday



7  
Cheese/Pepperoni Pizza  
Bflo. Style Pizza

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Broccoli  
Cucumber Slices  
Fresh Fruit/Fruit Cup  
Milk-8oz

Friday

1  
Dr Seuss Birthday  
Green Eggs and  
French Toast Sticks  
Truffula Trees-Broccoli  
1/2C  
Fox in sox-Peas 1/2C  
Lorax Oranges- 1 Piece  
One Fish Two Fish Graham  
Cracker Fish  
Milk-8oz

8  
Grilled Cheese  
w/Tomato Soup

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Baby Carrots  
Green Beans  
Fresh Fruit  
Milk-8oz

11  
Chicken Nuggets  
w/ Seasoned Noodles

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Broccoli  
Carrots  
Fresh Fruit/Fruit Cup  
Milk-8oz

12  
Tacos on Soft Shell 8"  
Taco Meat & cheese  
w/ seasoned rice

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Black Beans  
Corn & Salsa  
Fresh Fruit/Fruit Cup  
Milk-8oz

13  
Hamburger/Cheeseburger

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French Fries  
Carrot Bites  
Fresh Fruit/Fruit Cup  
Milk-8oz

14  
Chicken Patty on WG  
Bun

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Corn  
Green Beans  
Fruit Cup  
Milk -8oz

15  
Professional Development  
Day

NO  
SCHOOL

18  
Chicken Tenders w/  
Mozzarella Sticks

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Green Beans  
Carrot Bites  
Fresh Fruit/Fruit Cup  
Milk -8oz

19  
Taco Scoops  
w/ Meat and Cheese  
& Seasoned Rice

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Corn  
Black Beans  
Fresh Fruit/Fruit Cup  
Milk-8oz

20  
Pasta w/ Meatballs  
Warm Garlic Roll

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Carrots  
Cauliflower  
Fresh Fruit/Fruit Cup  
Milk-8oz

21  
Cheese/Pepperoni Pizza  
Bflo. Style Pizza

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Romaine Salad  
Mixed Vegetables  
NYS Apple  
Milk-8oz

22  
11 AM  
DISMISSAL

25  
Meatballs w/Sauce &  
Mozzarella Sticks

-----  
Romaine Salad  
Carrots  
Fruit  
Milk-8oz

26  
Mac and Cheese  
w/ Tortilla Chips

-----  
Green Beans  
Carrot Bites  
Fresh Fruit/Fruit Cup  
Milk -8oz

27  
Chicken Nuggets  
w/ Dipping Sauces

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BBQ Beans  
French Fries  
Fresh Fruit/Fruit Cup  
Milk 8oz

28  
Cheese/Pepperoni Pizza  
Bflo. Style Pizza

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Romaine Salad  
Mixed Vegetables  
NYS Apple  
Milk-8oz

29  
GOOD  
FRIDAY

